

SOUP KITCHEN FOOD BANK
FOOD BASKET DISTRIBUTION RATE

Food Item	Unit Size	Distribution Rate Per Household		
		Monthly	Bi-Monthly	Quarterly
Almonds, Roasted	2 lb. bag	2	3	4
Apples, Fresh	37/40 lb. ctn.	* see note below		
Applesauce	#300 can	3	4	5
Apricot Halves	#300 can	3	4	5
Asparagus	15 oz. tall can	3	4	5
Asparagus	#300 can	3	4	5
Asparagus, Frozen	2.5 lb. pkg.	2	3	4
Asparagus, Frozen Spears	2.5 lb. pkg.	2	3	4
Beans, Great Northern	2 lb. bag	2	3	4
Beans, Green	#300 can	3	4	5
Beans, Pinto	2 lb. pkg.	2	3	4
Beef Stew, Chunky	24 oz. can	3	4	5
Blueberries, Wild	3 lb. pkg.	2	3	4
Cherries, Dried	2 lb. pkg.	2	3	4
Corn, Kernel	#300 can	3	4	5
Dates	1 lb. pkg.	3	4	5
Fruit Nut Trail Mix	1 lb. pkg.	4	4	4
Instant Milk	4 lb. ctn.	1	2	3
Juice, Grapefruit	46 oz. can	2	3	4
Juice, Orange	46 oz. can	2	3	4
Juice, Pineapple	46 oz. can	2	3	4
Lamb Roast	various size pkg.	2	3	4
Macaroni	1 lb. pkg.	3	4	5

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Oats	3 lb. pkg.	1	2	3
Peaches, Cling	#300 can	4	4	4
Peaches, Frz., Slc.	2 lb. pkg.	2	3	4
Peaches, Freestone	2.5 can	4	4	4
Peanut Butter	18 oz. can	3	4	5
Pears	#300 can	3	4	5
Plums, Dried	1 lb. pkg.	2	3	4
Pork, NJ	29 oz. can	2	3	4
Pork, Taco Fill, Frz.	4 lb. pkg.	2	3	4
Potatoes, Dehy.	1 lb. pkg.	4	5	6
Potatoes, Slc.	#300 can	3	4	5
Pudding, Choc. & Van.	3.5 oz. cup	12	12	12
Raisins.	15 oz. pkg.	5	5	5
Rice	2 lb. bag	2	3	4
Salmon	14.75 oz. can	3	4	5
Soup, Vegetable	# 1 can	4	5	6
Spaghetti	2 lb. pkg.	2	3	4
Spaghetti Sauce	#300 can	3	4	5
Tomatoes	#300 can	3	4	5
Tomato Sauce	#300 can	3	4	5
Turkey Breast, Deli Small	4-6 lb. pkg.	2	3	4
Turkey Breast, Sm., Bone-in	4-10 lb. pkg.	2	3	4

If commodities are short because of increased recipient attendance, these rates may be reduced. With low attendance, a rate increase requires an oral approval followed in writing by the Commodity Distribution Section, Tennessee Department of Agriculture.

*Distribute sufficient amount according to household size.

Revised 09/01/04

